

got milk?



Top of her game.

When I see an empty hoop, I fill it up. Guess what else I keep full? My milk glass. It's a great choice after exercise, with protein to help build muscle and a unique mix of nutrients to refuel. So eat right, train hard, and drink lowfat or fat free milk. Talk about a slam dunk.

body BY milk.

www.bodybymilk.com

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